

CCSI WEEKLY NEWSLETTER

Promoting Community Connections

& Sharing Resources

HIGHLIGHTS

- Healthcare & Health Insurance
- Mental Healthcare Access

HOW WILL WE STAY CONNECTED?

CCSI Website

Each **BBC** will have 1 hr virtual Zoom meetings on their originally scheduled dates through the month of May (and June) at 12 - 1 pm:

- Staten Island May 4th
- The Bronx May 8th
- Queens May 18th
- Manhattan May 21st
- Brooklyn May 22nd

Our Youth Advisory Council (YAC) meetings are every Monday from 5-6

pm! For youth under 30!

YAC Mtg Website Calendar Link YAC Zoom Meeting Registration

Upcoming CCSI Virtual Trainings:

• 5/1 Listen. Protect. Connect.

These newsletters will be delivered every **Wednesday** for the duration of the NYC Coronavirus quarantine mandates

HEALTHCARE & HEALTH INSURANCE

IN CASE YOU MISSED IT -

OUR CCSI COVID-19 RESOURCE PAGE

How do we access new healthcare practitioners in this time of uncertainty? THERE ARE SO MANY WAYS!

ACCESS NYC linkage to healthcare insurance & telehealth

GetCoveredNYC

Through May 15th, 2020, private health insurance enrollment is open for uninsured New Yorkers as part of a Special Enrollment Period. Complete the <u>form linked here</u> or call 311 for free enrollment assistance. To have an <u>enrollment counselor</u> help you over the phone:

- Search the NYC Health Map
- Text "CoveredNYC" to 877-877
- Call 311
- Review counselor location by borough

Unemployment Benefits & Health Insurance FAQ - DOH

NYC Health & Hospitals has COVID-19 testing sites, especially for vulnerable populations. Patient <u>Visitor policy</u>.

Metroplus Health Plan is still taking applications!

Emblem Health Coronavirus FAQ, plus their resource list.

The <u>Human Resource Administration</u>'s <u>Medical Assistance</u> <u>program</u> can help specific populations access public health insurance, such as Medicaid.

MENTAL HEALTHCARE ACCESS

This week we are highlighting how to access mental healthcare via telehealth, plus a few in-person clinic options throughout the city!

NYC Well, your connection to free, confidential mental health support. Speak to a counselor via phone, text, or chat and get access to mental health and substance use services, in more than 200 languages, 24/7/365.

- Call 1-888-NYC-WELL
- Text "WELL" to 65173
- Chat online

ACS, Free Mental Health Services, listing of NYC resources for mental and emotional health during COVID-19

HITE Site, free and low-cost health and social services with COVID-19 updates in left side menu bar

NYC Mental Health Telehealth Contacts during
COVID-19, listing of NYC providers compiled by
Visiting Nurse Service of New York

COVID-19 NYS Office of Mental Health Emotional Support Helpline, the Help Line is staffed by volunteers, including mental health professionals, who have received training in crisis counseling. You can call for any reason you need support as it relates to COVID-19.

• Call 1-844-863-9314

Grief Highlight:

National Alliance for Grieving Children: Hero Toolkit in support of grieving children and teens. This free toolkit, developed for children, teens and their support network, provides activities and conversations designed to empower each of us to become everyday 'heroes'.

Awesome Home Education Links:

- Math Game Time
- Teaching Remotely for Grades
 K 12
- Science for Kids
- Unite for Literacy
- TurtleDiary e-learning for kids
- PBS KIDS
- Starfall
- All-in-One Homeschool
- Thinking Games Easy Peasy All-in-One Homeschool
- Funbrain
- Storyline Online
- Prodigy Game
- <u>DISCOVERY #MINDBLOWN</u>
- <u>AmazingSpace</u>
- National Geographic Kids
- TIME Magazine for Kids
- Khan Academy

Links to NYC DOE Resources:

- Free Meals
- DOE Student Accounts
- Remote Learning Device Request
- Learn At Home Main Page
- Chancellor's Message to Families
- DOE Middle School Enrollment
- High School Offer Letters
 & Waitlists Updates
- DOHMH COVID-19
 Guidance for Colleges

You are your best thing.

- Toni Morrison